

Daily puppy Routine



- ☐ Start the day with a toilet break and gentle connection.

- ☐ Use mealtimes as short training sessions.

- ☐ Get outside for a walk, sniff, or some active play.

- ☐ Prioritise naps! Tired pups can't learn well.

- ☐ Play together to build trust and burn energy.

- ☐ Train in short bursts of 3-5 minutes throughout the day.

- ☐ Practice gentle handling with treats and cuddles.

- ☐ End the day quietly and a with a final toilet break.

A happy, well-behaved dog starts with calm, consistent moments — one small win at a time.

